

# **CURRICULUM VITAE**

## **1. Personal information**

Full name: **Abdullah Meshal Mubarak Abdullah A. Alsabah**

Date of birth: November 6, 1980

Nationality: Kuwaiti

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## **2. Academic qualifications**

### **Postgraduate Education**

Institute for Global Health, University College London (UCL)

**Doctor of Philosophy**

**Health Economics**

11/2014 – 03/2021

PhD. 2021

Health Services Management Centre, University of Birmingham

**Master of Science**

**Health Care Policy and Management**

(Managing Quality and Service Improvement)

09/2009 – 12/2010

MSc. 2010

### **Medical Education**

Faculty of Medicine, Kuwait University

**Bachelor of Medicine and Surgery**

09/1998 – 12/2005

MB, ChB, 12/2005

### **Undergraduate Education**

Faculty of Medicine, Kuwait University

**Bachelor of Medical Sciences**

09/1998 – 06/2002

BS, 06/2002

### 3. Work experience

- Assistant Undersecretary of the Minister of Defence of Kuwait and Chief of the Medical Services Authority, 2019-present.
- Medical Officer of the Kuwaiti Army. Joined the service as Medical First Lieutenant and resigned as a Medical Colonel, 2006-2019.

### 4. Honors / Awards

- The Intelligence and Security Authority, Kuwait Army, certificate of gratitude and appreciation for the successful and distinguished efforts in the **Eighth Higher Military Committee of the GCC countries for chiefs of staff**, Kuwait, 2010.
- Arabian Gulf University, Bahrain, award for the successful and distinguished organization of the **3<sup>rd</sup> Scientific Conference for Medical Students in the Gulf Cooperation Council Countries**, 2005.
- Kuwait Medical Students Association awards for academic excellence for the year 1999.

### 5. Professional activities

- Participated as Senior Health Policy Advisor and Kuwait healthcare expert by the London School of Economics and Political Sciences (LSE Health) in producing **Kuwait: Health System Review** (2018) and **Strategic Direction Health System Report** (2019)
- **Military training courses:**
  - **Advanced Military Management Training Course number (1)**, Management Training School, Kuwait, 2014.
  - **Military Medical Company Commander number (1)** training course, Medical Services Authority, Kuwait Army, 2009.
  - **The Survival Saharan Environment Workshop** during the international course of health support in Saharan environment, Tozeur, Tunisia, 2009.
  - **Field Medical Support for Military Officers number (32)** training course, Medical Services Authority, Kuwait Army, 2008.
- **Military field exercises:**
  - **Peninsula Shield Exercise (9)**, Armed forces from six GCC countries participated in this exercise that was executed over a period of 20 days. Kuwait, 2019.
  - **Eagle Resolve Exercise**, this was an exercise focusing on crisis management. Forces from more than 20 countries participated in this exercise that was running for 30 days. Qatar, 2009.
  - **Medical Cooperation (1)** Joint Military Field Exercise as the commander of the Kuwaiti medical military platoon, Kingdom of Saudi Arabia, 2008.

- **Member of the organizing committee** of the 3<sup>rd</sup> Scientific Conference for Medical Students in the Gulf Cooperation Council Countries, Kuwait Jan., 2004. Conference activities included oral & poster presentations, workshops, lectures by distinguished international guest speakers (guest of honor Prof. Ahmad Zewail, Nobel Prize laureate) and a social program. Conference attended by more than 700 medical students from all over the world.

## 6. Conferences and meetings

- Presented a lecture titled **‘Overarching view of healthcare in Kuwait’** in the meeting of the Australian Business Group in Kuwait, 2019.
- Invited by KFAS and DDI to participate in the discussion panel for the research of **‘Estimating the Burden of Diabetes in Kuwait’**, 2019.
- Presented a lecture titled **‘Measuring the efficiency of public hospitals in Kuwait’** at The Kuwait Health Exhibition and Conference, Kuwait, 2018.
- Presented a lecture titled **‘Efficiency of Healthcare Spending: Future challenges facing the healthcare system in Kuwait’** at The Gulf Cooperation Council (GCC) PharmacoEconomic Forum in Dubai in 2017.
- Presented a lecture titled **‘Measuring the efficiency of public hospitals in Kuwait’** the 4<sup>th</sup> European Health Economics Association PhD Student-Supervisor and Early Career Researcher Conference, Lausanne, Switzerland, 2017.
- Presented on the ‘real life’ field injuries of participants in the Peninsula Shield Military Exercise (9) in the conference of the Association of Military Surgeons of the United States (AMSUS), Washington DC, USA, 2013.
- The international course of health support in Saharan environment, Tozeur, Tunisia, 2009.
- Member of the panel at the Doctor-Patient Relationship Conference, Kuwait, 2006.
- The 3<sup>rd</sup> Scientific Conference for Medical Students in the Gulf Cooperation Council Countries, Kuwait, 2005.

## 7. Research activities

- Institute for Global Health, University College London (UCL)      2014-2021
  - o *Postgraduate student*  
*Supervisors: Dr. Jolene Skordis & Dr. Hassan Haghparast-Bidgoli*

**PhD Thesis:** “How will current health spending in Kuwait meet the demands of a changing epidemiological and demographic landscape? A study exploring ways to improve the efficiency of health spending in Kuwait”

<https://discovery.ucl.ac.uk/id/eprint/10124644/>

- Health Services Management Centre, University of Birmingham 2009-2010
  - o *Postgraduate student*  
*Supervisor: Dr. Shirley McIver*  
**MSc Dissertation:** “Public Views on the Healthcare System in Kuwait”  
[https://papers.ssrn.com/sol3/papers.cfm?abstract\\_id=2626633](https://papers.ssrn.com/sol3/papers.cfm?abstract_id=2626633)
  
- Faculty of Medicine, Kuwait University 2002
  - o *Undergraduate student*  
*Supervisor: Dr. Abdullahi Fido*  
“AIDS Knowledge and Attitudes of nurses and laboratory technicians in Kuwait”

## 8. Publications

Clinical Attire Preference Amongst Patients of Military Healthcare Facilities in Kuwait. Albagdady, M., Alotaibi, H., Sadek, A. A., Hands, J., Alali, A., Alsabah, A. M., (manuscript submitted to the journal *Military Medicine*).

Comparing Public and Provider Preferences for Setting Healthcare Priorities: Evidence from Kuwait. Alsabah, A. M., Haghparast-Bidgoli, H., Skordis, J., *Healthcare*, **2021**, 9 (5), 552.

Hospital Managers’ Perceptions Regarding Setting Healthcare Priorities in Kuwait. Alsabah, A. M., Haghparast-Bidgoli, H., Skordis, J., *Global Journal of Health Science*, **2020**, 12 (10).

Measuring the efficiency of public hospitals in Kuwait: A two-stage data envelopment analysis and a qualitative survey study. Alsabah, A. M., Haghparast-Bidgoli, H., Skordis, J., *Global Journal of Health Science*, **2020**, 12 (3).

## 9. Languages

- Arabic (fluent)
  
- English (fluent)